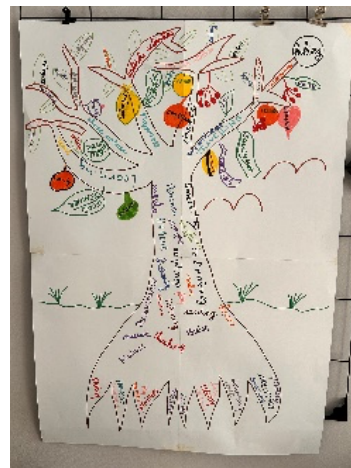


ERASMUS+ TEACHER TRAINING COURSE: “Drama techniques: Developing Self-Expression, Communication and Social Skills for All Students”. Athens, July 7-12, 2025.

Raquel Rodríguez Alén, a teacher from our school's English Department, completed a training course in Greece last July with the Europass Teacher Academy. The training was part of the IES Vela Zanetti Erasmus+ project for the 2024-2025 academic year.



Among the course's main objectives was the use of body language and dramatic techniques to foster communication and the development of social skills among students, especially those who lack these skills or are reluctant to interact with classmates in group activities. Specific cases of how to work with students with special needs were also evaluated. These examples

were provided by the instructor, Lilia Dimaraki, and by fellow course participants who presented various strategies for successfully working with diverse student groups.

The course participants came from several countries: Spain, Italy, Germany, Latvia, Bulgaria, Portugal, and Cyprus. The teachers taught in Early Childhood Education, Primary Education, Secondary Education, and Official Language Schools. One teacher was a support teacher for disruptive students with difficulties adapting to the classroom.

The various activities and games proposed, along with their possible variations, have provided the course participants with a range of resources to promote relaxation, concentration, inclusion, and teamwork.

Overall, it has been a very positive experience, providing the participating teacher with a number of valuable teaching tools and techniques for classroom use. The course atmosphere and the relationships with colleagues have been excellent, resulting in several very interesting contacts for potential student exchanges in future courses.

